

MENTAL HEALTH

Soldotna Providers

Inner Strength Counseling, LLC

Shera Burg LCSW

P.O. Box 1164 Kenai, AK 99611

(502) 390-7903

www.innerstrengthcounselingak.com/

Serves: Adults **Specialty:** Womens Trauma, Depression, Anxiety, Somatic Disorders, Substance Abuse.

Peninsula Community Health Services of Alaska

230 E Marydale Ave

Soldotna, AK 99669

(907) 262-3119

www.pchsak.org

Services: Medical, Dental, Behavioral Health.

Amanda Barlow LPC

Soldotna, AK 99669

(907)341-3231

Serves: Adults, Teens **Specialty:** Trauma, PTSD, Stress, Life Coaching, Sexuality, Gender Identity

Amy Cooper LPC

Alaska Counseling & Wellness

Center 155 Smith Way #205

Soldotna, AK 99669

(907)420-0614

Serves: Adults, Teens **Specialty:** Individuals, Couples & Families, Substance Abuse & MBSR

Alicia Driscoll LCSW, SOTP I

Soldotna, AK 99669

(907)957-7554

Serves: Adults, Teens, Preteen

Specialty: Sexual Abuse, Relationships, Thinking Disorders

Colleen Nusbaum LCSW, CDC I, LPC

43335 K. Beach Rd Bldg D Ste 16G

Soldotna, AK 99669

(907)250-1304

Serves: Elders (65+), Adults, Teens Preteens, Children (6 to 10)

Christina Stuive

Soldotna, AK 99669

(833)973-0895

Serves: All Ages **Specialty:** DBT, EMDR, Trauma, PTSD, Anxiety, Borderline Personality, LGBTQIA+

Daniela Kopec LPC-S

Soldotna, AK 99669

(888)981-6658

Serves: All Ages **Specialty:** Anxiety, Trauma, PTSD & Depression

Heather Morning

New Beginnings Family Services

Soldotna, AK 99669

(907)262-1808

Serves: Adults, Teens, Preteens

Specialty: Substance Abuse, Marriage, Couples, Families

Jeff Brakhage, LPC

Bear Creek Counseling

44539 Sterling Hwy Ste 209

Soldotna, AK 99669

(904)872-3031

Serves: Adults Only

Specialty: Trauma, Abuse & Deprivation, Psychotherapy, EMDR

Joe Cannava LPCS, CDCS, MAC

Soldotna, AK 99669

(844)851-2595

Serves: Elders (65+), Adults, Teens

Specialty: Men's Issues, Anxiety, Depression, Addiction, Cancer & Veterans

Jose Gonzelez CSW

Soldotna, AK 99669

(833)670-1288

Serves: Adults, Teens, Preteens, Children **Specialty:** Individual, Couple, Family, Trauma, Depression, Anxiety, CBT, Strength-based, EMDR

Leslie Fazio

Soldotna, AK 99669

(907)531-6047

Serves: All Ages **Specialty:** Individual & Family, Attachment-based, CBT, Child, Behavioral Issues, Trauma & PTSD

Lisa Kay Schmitter MEd, LPC Taylor Watts LPC

Aurora Counseling & Consultation

LLC 35831 Turnbuckle Terrace

Soldotna, AK 99669

(907)252-6774

Serves: All Ages **Specialty:** EMDR, Art/play therapy, children, adult & families.

Michelle Lesagonicz LCSW

Soldotna, AK 99669

(833)844-9741

Serves: Adults **Specialty:** Chronic Pain, Anxiety, Depression, Mindfulness, CB

Nicole Palacios LCSW

133 Smith Way Unit C

Soldotna, AK 99669

(833)851-5170

Serves: Elders (65+), Adults, Teens Preteens, Children (6 to 10)

Specialty: Anxiety, Depression, Behavioral Issues, ADHD, Eating Disorders, CBT, DBT, Play Therapy

Noah Shields LMFT, LPC, RPT

Truuli Peak Counseling Inc

161 Farnsworth Blvd

Soldotna, AK 99669

(907)252-9082

Serves: Elders (65+), Adults, Teens Preteens, Children (6 to 10)



Statewide Suicide Prevention #988

Central Peninsula (Kenai) Crisis Line (907)714-5353

National Suicide Prevention Line 877-226-HELP

SUBSTANCE ABUSE / MENTAL HEALTH

Soldotna Providers

Pamela Hays PhD
174 E Redoubt Ave
Soldotna, AK 99669
(907)262-4403

Serves: Adults, Teens

Specialty: Trauma, PTSD, Stress, Life Coaching, Sexuality, Gender Identity, LGBTQ

Pat Truesdell LCSW
Lighthouse Counseling
43335 K Beach Rd # 3B
Soldotna, AK 99669
(907)260-3745

Serves: Adults

Specialty:

Phillip Lazenby LPC
Transformation Counseling LLC
44539 Kenai Spur Hwy Ste 209
Soldotna, AK 99669
(907)262-4403

Serves: Adults

Specialty: Trauma, Addiction Recovery, Sexuality, Gender Identity, LGBTQ, EMDR

Telehealth, Evenings & Weekends available

New Beginnings Family Counseling
224 Kenai Ave Suite 103
Soldotna, AK 99669
(907)262-1808

Serves: Ages 10+

Specialty: Individuals/Marriage/Couples/
Families, Substance Abuse

Kenai Providers

Cook Inlet Counseling
10200 Kenai Spur Highway
Kenai, AK 99611
(907)283-3658

Serves: Adults

Specialty: Outpatient chemical dependency counseling for adults & adolescents.

Dena'ina Wellness Center BHS
508 Upland Drive
Kenai, AK 99611
(907)335-7500

Serves: All Ages

Specialty: Screenings/referral, Crisis Intervention, Integrated Assessment, Case Management, Psychotherapy, Sobriety Services, Arts & Crafts, Play Therapy

Ideal Option
416 Frontage Rd Suite 400
Kenai, AK 99611
(877)522-1275

Serves: Adults

Specialty: Medication Assisted Treatment

Kenai Peninsula Mental Health 133
Smith Way Unit C
Soldotna, AK 99669
(907)531-6047
Serves: All Ages **Specialty:** Anxiety, Trauma, Depression, ADD/ADHD, Low Self Esteem, Anger / Mood Management

ND Systems
120 Trading Bay Unit 340
Kenai, AK 99611
(907)374-0852
Serves: All Ages **Specialty:** CBT, ADD/ADHD, Medication Management, Psych Therapy

Kenai Providers

Chell Atchley
110 North Willow Street
Kenai, AK 99611
(907)252-3063

Serves: Adults

Specialty:

Christina Stuve PhD, LPC-S, NCC
Kenai, AK 99611
(833)973-0895

Serves: Adults, Teens, Preteen

Specialty:

Haylee Morris
Kenai, AK 99611
(855)409-8754

Serves: Adults

Specialty:

Julie Dravis LPC, MAC
508 South Willow Street
Kenai, AK 99611
(907)252-6728

Serves: Adults

Specialty: Depression, Anxiety, Women Issues, Trauma, Substance Abuse, Work Stress, LGBTQIA+

Timothy Gillis LPC
Kenai, AK 99611
(907)698-0524

Serves: Adults

Specialty: Addiction, Individual, Family, Marriage



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