

SUBSTANCE ABUSE / MENTAL HEALTH

Soldotna Providers

Serenity House

Central Peninsula
Hospital 245 N Binkley Street
Soldotna, AK 99669
(907) 714-4521
www.cpggh.org/serenityhouse

Services: Chemical Dependency
Treatment Center.

Peninsula Community Health Services of Alaska

230 E Marydale Ave
Soldotna, AK 99669
(907) 262-3119
www.pchsak.org

Services: Medical, Dental, Behavioral
Health.

Amanda Barlow LPC

Soldotna, AK 99669
(907)341-3231

Serves: Adults, Teens

Specialty: Trauma, PTSD, Stress, Life
Coaching, Sexuality, Gender Identity

Amy Cooper LPC

Alaska Counseling & Wellness Center
155 Smith Way #205
Soldotna, AK 99669
(907)420-0614

Serves: Adults, Teens

Specialty: Individuals, Couples &
Families, Substance Abuse & MBSR
telehealth only

Alicia Driscoll LCSW, SOTP I

Soldotna, AK 99669
(907)957-7554

Serves: Adults, Teens, Preteen

Specialty: Sexual Abuse,
Relationships, Thinking Disorders
currently self pay only

Colleen Nusbaum LCSW, CDC I, LPC

43335 K. Beach Rd Bldg D Ste 16G
Soldotna, AK 99669
(907)250-1304

Serves: Elders (65+), Adults, Teens
Preteens, Children (6 to 10)

Christina Stuiwe

Soldotna, AK 99669
(833)973-0895

Serves: All Ages

Specialty: DBT, EMDR, Trauma, PTSD,
Anxiety, Borderline Personality, LGBTQIA+

Daniela Kopec LPC-S

Soldotna, AK 99669
(888)981-6658

Serves: All Ages

Specialty: Anxiety, Trauma, PTSD &
Depression

Heather Morning

New Beginnings Family Services
Soldotna, AK 99669
(907)262-1808

Serves: Adults, Teens, Preteens

Specialty: Substance Abuse, Marriage,
Couples, Families
Insurance reimbursement

Jeff Brakhage, LPC

Bear Creek Counseling
44539 Sterling Hwy Ste 209
Soldotna, AK 99669
(904)872-3031

Serves: Adults Only

Specialty: Trauma, Abuse &
Deprivation, Psychotherapy, EMDR

Joe Cannava LPCS, CDCS, MAC

Soldotna, AK 99669
(844)851-2595

Serves: Elders (65+), Adults, Teens

Specialty: Men's Issues, Anxiety,
Depression, Addiction, Cancer & Veterans

Jose Gonzelez CSW

Soldotna, AK 99669
(833)670-1288

Serves: Adults, Teens, Preteens, Children

Specialty: Individual, Couple, Family,
Trauma, Depression, Anxiety, CBT,
Strength-based, EMDR
Habla español

Leslie Fazio

Soldotna, AK 99669
(907)531-6047

Serves: All Ages

Specialty: Individual & Family,
Attachment-based, CBT, Child, Behavioral
Issues, Trauma & PTSD

Lisa Kay Schmitter MEd, LPC Taylor Watts LPC

Aurora Counseling & Consultation LLC
35831 Turnbuckle Terrace
Soldotna, AK 99669
(907)252-6774

Serves: All Ages

Specialty: EMDR, Art/play therapy,
children, adult & families.
Habla español

Michelle Lesagonicz LCSW

Soldotna, AK 99669
(833)844-9741

Serves: Adults

Specialty: Chronic Pain, Anxiety,
Depression, Mindfulness, CB
Telehealth ONLY, Sliding Scale & Medicare

Nicole Palacios LCSW

133 Smith Way Unit C
Soldotna, AK 99669
(833)851-5170

Serves: Elders (65+), Adults, Teens
Preteens, Children (6 to 10)

Specialty: Anxiety, Depression,
Behavioral Issues, ADHD, Eating
Disorders, CBT, DBT, Play Therapy

Noah Shields LMFT, LPC, RPT

Truuli Peak Counseling Inc
161 Farnsworth Blvd
Soldotna, AK 99669
(907)252-9082

Serves: Elders (65+), Adults, Teens
Preteens, Children (6 to 10)



Statewide Suicide Prevention
#988

Central Peninsula (Kenai)
Crisis Line (907)714-5353

National Suicide Prevention
Line 877-226-HELP

SUBSTANCE ABUSE / MENTAL HEALTH

Soldotna Providers

Pamela Hays PhD
174 E Redoubt Ave
Soldotna, AK 99669
(907)262-4403

Serves: Adults, Teens

Specialty: Trauma, PTSD, Stress, Life Coaching, Sexuality, Gender Identity, LGBTQ

Pat Truesdell LCSW
Lighthouse Counseling
43335 K Beach Rd # 3B
Soldotna, AK 99669
(907)260-3745

Serves: Adults

Specialty:

Phillip Lazenby LPC
Transformation Counseling LLC
44539 Kenai Spur Hwy Ste 209
Soldotna, AK 99669
(907)262-4403

Serves: Adults

Specialty: Trauma, Addiction Recovery, Sexuality, Gender Identity, LGBTQ, EMDR

Telehealth, Evenings & Weekends available

New Beginnings Family Counseling
224 Kenai Ave Suite 103
Soldotna, AK 99669
(907)262-1808

Serves: Ages 10+

Specialty: Individuals/Marriage/Couples/
Families, Substance Abuse

COMING JULY 16, 2022
For people who are in crisis or caring for someone in crisis, please dial

#988
907-714-5353
NATIONAL SUICIDE PREVENTION
LINE AT 1-800-273-TALK

YOU ARE NOT ALONE CONFIDENTIAL
HELP IS AVAILABLE FOR FREE 24
HOURS A DAY 7 DAYS A WEEK

Kenai Providers

Cook Inlet Counseling
10200 Kenai Spur Highway
Kenai, AK 99611
(907)283-3658

Serves: Adults

Specialty: Outpatient chemical dependency counseling for adults & adolescents.

Dena'ina Wellness Center BHS
508 Upland Drive
Kenai, AK 99611
(907)335-7500

Serves: All Ages

Specialty: Screenings/referral, Crisis Intervention, Integrated Assessment, Case Management, Psychotherapy, Sobriety Services, Arts & Crafts, Play Therapy

Ideal Option
416 Frontage Rd Suite 400
Kenai, AK 99611
(877)522-1275

Serves: Adults

Specialty: Medication Assisted Treatment

Kenai Peninsula Community Care Center
320 S. Spruce Street
Kenai, AK 99611
(907)283-7635

Serves: Youth

Specialty: Youth Services

Kenai Peninsula Mental Health
133 Smith Way Unit C
Soldotna, AK 99669
(907)531-6047

Serves: All Ages

Specialty: Anxiety, Trauma, Depression, ADD/ADHD, Low Self Esteem, Anger / Mood Management

ND Systems
120 Trading Bay Unit 340
Kenai, AK 99611
(907)374-0852

Serves: All Ages

Specialty: CBT, ADD/ADHD, Medication Management, Psych Therapy

Kenai Providers

Chell Atchley
110 North Willow Street
Kenai, AK 99611
(907)252-3063

Serves: Adults

Specialty:

Christina Stuve PhD, LPC-S, NCC
Kenai, AK 99611
(833)973-0895

Serves: Adults, Teens, Preteen

Specialty:

Haylee Morris, LPC-S, CRC
Reclaiming Wellness, LLC

907-513-1538

Serves: Ages 3+

Specialty:

trauma, anxiety, depression, vocational, disability, EMDR, CBT, LGBTQ2IA+ telehealth, weekends and evenings available

Julie Dravis LPC, MAC
508 South Willow Street
Kenai, AK 99611
(907)252-6728

Serves: Adults

Specialty: Depression, Anxiety, Women Issues, Trauma, Substance Abuse, Work Stress, LGBTQIA+

Timothy Gillis LPC
Kenai, AK 99611
(907)698-0524

Serves: Adults

Specialty: Addiction, Individual, Family, Marriage



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