

PRESCRIPTION MEDICATION SAFE USE • STORAGE • DISPOSAL

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Education Program

Elementary Curriculum

Making Safe Choices



A Lesson On
Drug Awareness





Alaska Skills for a Healthy Life (State of Alaska Health Education Standards)

The following standards are addressed in this lesson:

A. A student should be able to acquire a core knowledge related to well-being.

A student who meets the content standard should:

1. Understand that a person's well-being is the integration of health knowledge, attitudes, and behaviors;
2. Understand how the human body is affected by behaviors related to eating habits, physical fitness, personal hygiene, harmful substances, safety, and environmental conditions;

D. A student should be able to contribute to the well-being of families and communities.

A student who meets the content standard should:

2. Take responsible actions to create safe and healthy environments;

A Note to Educators

Prescription medication safety is a valuable part of health education. Making safe choices empowers children to stay healthy and prevents accidental overdose.

The following activities can be adjusted as needed to fit your class. Additional resources can be found online at www.safesafesafe.com.

Scenario Cards

Introduction

Have a class discussion about making healthy choices about prescription drugs. Allow the discussion to guide instruction by gathering prior knowledge. Students can fill out the KWL chart on their own or together as a class.

Poster Activity

Directions: Break students into pairs or small groups. Have students read the scenario cards. They will then create a poster showing what is happening in the scenario. Next students will write what the person in the scenario should say and do.

Drama Activity

Directions: Using the same cards or swapping cards between groups, have student write a play to perform for the class. Students should cover the scenario as well as what the person in the card should say and do.

For language arts integration, have students write out their scripts.

Partner and Share

Directions: After discussing safe choices, hand out scenario cards to students. Have students spread out around the room and raise their right hand. Students pair up and read their scenario card along with what they think the person should do. The next partner shares their card and solution. When they're both done, they trade cards, raise their right hand again, and partner up with someone new.

Whole Group Option

Directions: Use the cards in a presentation format and discuss them as a class. This may be a better option for classes with a low prior knowledge about subject.



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PRESCRIPTION DRUG SAFETY

PRESCRIPTION DRUG SAFETY K-W-L CHART

What I Know	What I Want to Learn	What I Learned

SCENARIO 1

Becky is on her way home from school. As she passes the park, she sees some teenagers that she knows. They offer her a pill.

What should Becky say and do?



SCENARIO 2

Bobby's parents are throwing a party. Bobby's friend, Tim, finds a bottle of pills in the bathroom. He tells Bobby they should take some of them.

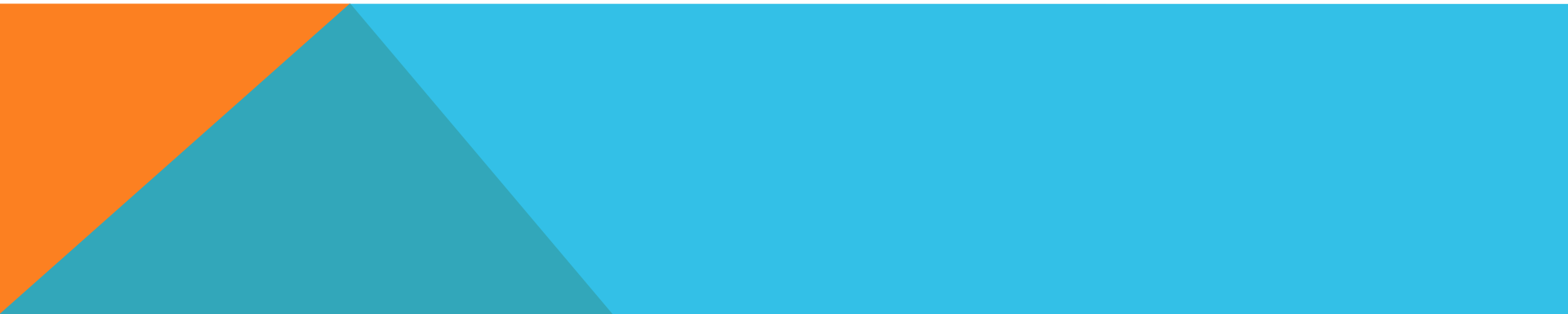
What should Bobby say and do?



SCENARIO 3

Chris and Jill's parents are away for the weekend and they are staying with their grandparents. While they're grandparents are watching TV, Jill finds something she thinks is candy in the bathroom. She asks Chris if they should eat it.

What should Chris and Jill say and do?



SCENARIO 4

Jimmy is walking home from school. He cuts through the park and there are some older boys. They offer him some candy but it looks like it could be medicine.

What should Jimmy say and do?



SCENARIO 5

Ben and Dave sit together on the bus. One day, Ben offers Dave some medicine that he took from the medicine cabinet at home.

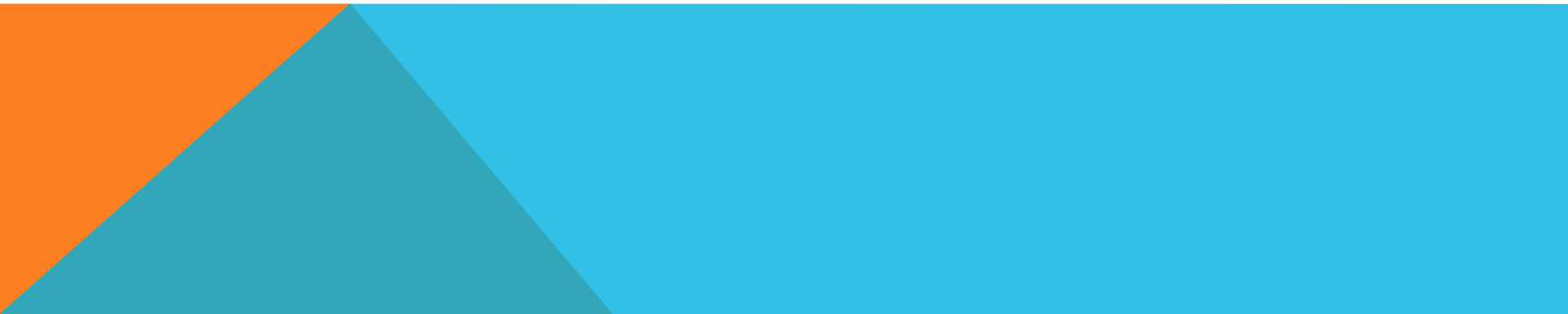
What should Dave say and do?



SCENARIO 6

Maddy sees her friend, Oliver, taking pills with some older boys in the gym. The next time Maddy sees Oliver, he offers her one of the pills.

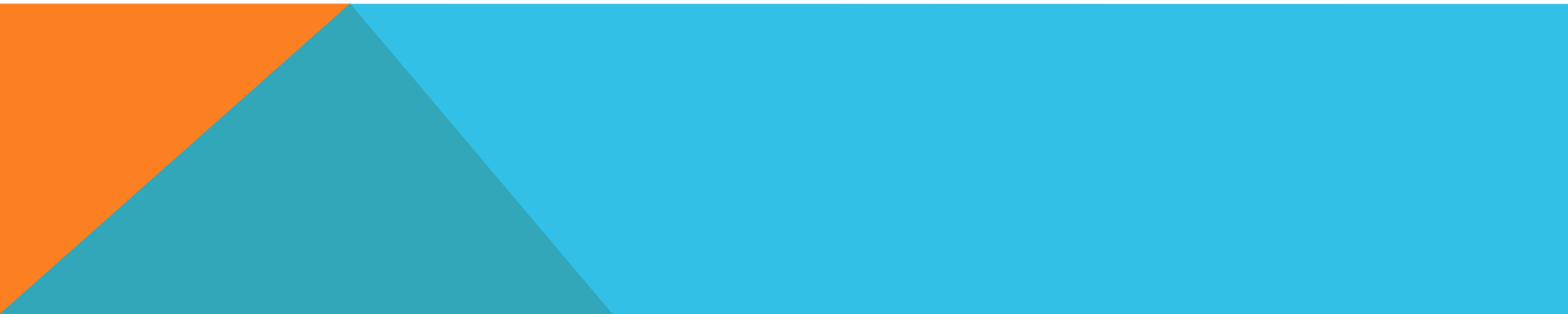
What should Maddy say and do?



SCENARIO 7

Michael is telling his friend that he loves the taste of the medicine that his Dad gave him last night for his headache. His friend tells Michael to fake a headache so he can get more medicine.

What should Michael say and do?



SCENARIO 8

Carmen and Randy are very nervous about an upcoming science test. Katie tells them that, to calm their nerves, they should take one of the pills she has.

What should Carmen and Randy say and do?



SCENARIO 9

While walking home from school, a stranger comes up to Bob and tries to sell him some white pills. “They can help you get good grades,” he tells Bob.

What should Bob say and do?



SCENARIO 10

Mason's sister, Betty, has started using drugs. She tells Mason that taking those drugs is cool and makes you feel great.

What should Mason say and do?

